



VIDYASHILP
UNIVERSITY



Highway To Heaven

Trek to Ravugodlu

"Launch Of The Trekking Club"

Date: 4th Feb 2023 | Time: 6 am to 6 pm

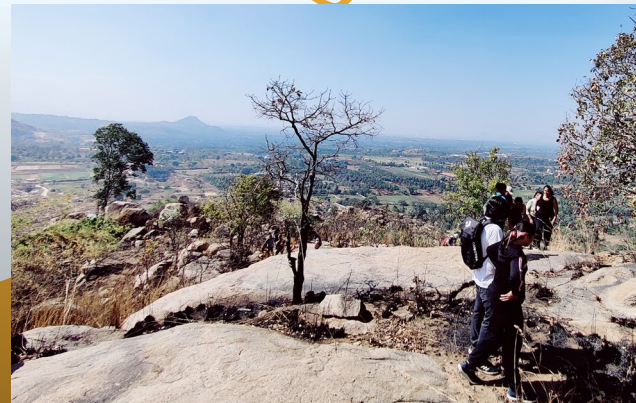
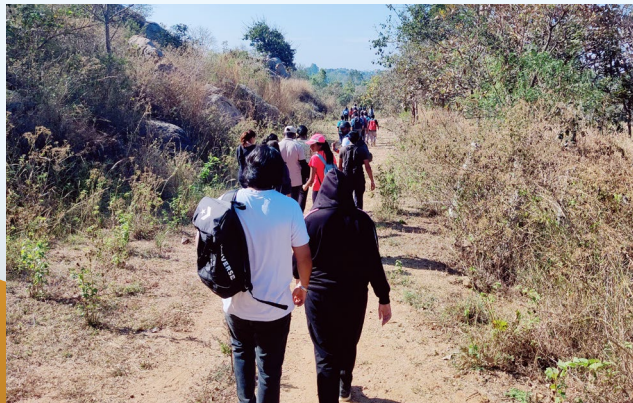
Summary:

The creation of our Trekking Club began in November of 2022. Dr. Bijil Prakash and Kruthika S collaborated with the Karnataka Mountaineering Association to locate the perfect place for a small trek to kick-start the Trekking Club.

The trek to Ravugodlu was finalized in January 2023, and scheduled for the 4th of February. Core members of the Event Management Club spread the word

about this exciting excursion. We listed out the necessities that were required for the trek and designed a banner to mark a new beginning.

Early, on the 4th of February, around 5 am, two buses set out to pick us up and get us to campus. After a sumptuous breakfast, we began our journey toward Ravugodlu.



Around 9 am, we arrived at the location, just off the highway in South Bangalore. We hopped off the bus and made our way toward the base camp, which was a ten-minute walk from the bus stop. On reaching the base camp, we were briefed about the safety regulations such as placing our cell phones in our bags to keep our hands free. We were also instructed to avoid playing loud music and littering. The guide shared valuable knowledge about the location, which instilled in us a sense of familiarity and belonging.



After returning to the first checkpoint and visiting a temple, we gathered for a few pictures with the official trek banner. A few minutes later, we began our descent toward the base camp and made it back in double quick time.

We set out to climb the hill at 10.05 am. Our surroundings were dry and hot. Since a number of students were first-time trekkers, we took quite a few intermittent breaks over the course of the climb. We reached the first point around 11 am, where we stopped for snacks and water.

Followed by the break was another short trek to the other side of the hill. During this trek, we were taught the 'three-point climbing' technique, wherein the climber has three points in contact with the surface of the rock at all times – either both hands and a leg, or both legs and a hand – to get over a relatively steep surface. We were advised to use rubber shoes, which have a slightly pointed edge for better grip.

After returning to the first checkpoint and visiting a temple, we gathered for a few pictures with the official trek banner. A few minutes later, we began our descent toward the base camp and made it back in double quick time.



Club Members:

1. **Dr. Bijil Prakash** (Faculty Coordinator)
2. **Angad Singh** (Core)
3. **Vedanth Moola** (Core)
4. **Preksha Ashar** (Core)
5. **Vidhi Patel** (Core)
6. **Kruthika S.** (Core of Trekking Club)
7. **Mahalakshmi** (Trekking Club)



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